

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



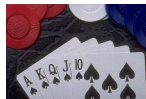
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
OCTOBER, 2013**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Everyone is welcome to participate in this fun easy going class held in the Craft Room. Betty Hoffman is the coordinator and she will assist you with all the craft projects. Class begins at **10:00 a.m. Tuesday** mornings. The studio fee is \$3.00 per session.



Project supplies are at cost. **Come and meet some new friends and have fun learning to do something different!**

October 1st - Decals on Assorted China
October 8th - Magnetic Beads
October 15th - Witches - Ghosts
October 22nd - Decorate Pumpkins
October 29th - Halloween Party

- **SINGING SENIORS:** The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. They will be singing at **The Providence Home in Jasper at 10:00 a.m. on Friday, October 18th.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, October 1st, 15th & 29th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. Halloween Bingo will be held on the 29th, come in costume & you may win a prize. Top 3 crowd favorites will receive free bingo cards. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O									
7	25	44	57	62					
15	22	40	50	70					
11	30			46	74				
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, October 1st & 15th 29th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, October 3rd**
Cinch Tourney
- **Thursday, October 10th**
Sheephead Tourney
- **Thursday, October 17th**
Rum Tourney
- **Thursday, October 24th**
Euchre Tourney
- **Thursday, October 31st**
Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, October 14th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner will receive a cash prize. **Reservations are due by 3:00 p.m. Friday, October 11th.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, October 2nd, Friday the 11th and Wednesday, the 23rd.** It is a fun game that is easy to learn. Everyone is welcome to join in the fun! We play a quarter a game with the low score winning the game. Please let us know by 10 a.m. if you are coming in to play.

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Friday, October 4th, Wednesday, the 16th and Friday, the 25th.** Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Monday October 7th, Friday the 18th & Monday the 28th.** We have a lot of fun! Please call in by 10 a.m. game day if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays, October 8th & 22nd.** Please sign-up by 10 a.m. game day if you plan to attend.

- **PHASE-10:** Will be played **Wednesdays, October 9th & 30th at 12:30 p.m.** It is a fun easy card game. Please call in by 10:00 a.m. the day of the game if you would like to give it a try.

SPECIAL ACTIVITIES

- **BOOK CLUB:** Will meet **Thursday, October 10th at 12:30 p.m.** The group will be discussing, **"The Monuments Men"** by **Robert Edsel.** November's book is **"The Sandcastle Girls"** by Chris Bohjalian. Carol Memmoth of USA Today writes, "Stirringa deeply moving story of survival and enduring love." A powerful and moving story based on real events seldom discussed. It will leave you reeling," according to Elizabeth Dickie, a booklist reviewer. This book should make for a good discussion!

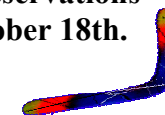


- **LUNCH BUNCH:** The Mill House Restaurant will be the location for Lunch Bunch on **Wednesday, October 16th at 11 a.m.** The pizza buffet will be available for \$7.49 or they have several lunch specials to choose from. Please make your **reservations by 3 p.m.**



Wednesday, October 9th. We always go "dutch treat". Come enjoy lunch and visit with friends at the same time.

- **BOOMERAMA:** **Monday, October 21st at 12 p.m.** Susan Oeding with Memorial Hospital will give a presentation on The Lifeline Medical Alert Service they provide. She will explain the service & the cost to subscribers. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, October 18th.**



- **CATERED MEAL:** Fried chicken lovers this is your month, Sander Catering will be fixing the delicious meal you requested. Mark your calendar for **Wednesday, October 30th at 12:00 p.m.** for a meal of : Fried chicken, mashed potatoes & gravy, corn, green beans, creamy slaw, bread & butter, punch & pour cake & iced tea or coffee. **Cost of the meal will be \$7.50** **Reservations are due by 3 p.m. Tuesday, October 15th.**

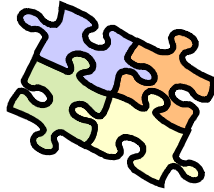


**RAINBOW MESSENGER
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- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Is played on Wednesdays at 1 p.m. and Fridays at 8:30 a.m. New players are always welcome.
- **BRIDGE LESSONS:** Will be offered Monday mornings from 9-11 a.m. & Wednesday evenings from 6:30 - 8 p.m. For more information or to sign-up, call Cindy Klumper at 482-3299.

NOTICE

**Trips are leaving from the
Jasper Armory.**

OCTOBER TRIP

Tropicana Casino in Evansville

A trip is planned for **Monday, October 28th**. The buses will leave the Jasper Armory at 9 a.m. and pick up in Huntingburg at The United Methodist Church at 9:15 a.m. Those going will receive: transportation, \$8.00 in slot play and buffet or \$9.00 toward lunch. **Please bring your driver's license or government issued ID on the trip.** We will need your name and Trop Advantage card number or address, phone number and date of birth to get the special. Please provide this information with your payment. Cost of the trip will be **\$15.00** with money and information due by 3 p.m. on Thursday, October 3rd. Sign-ups began September 19th.



NOVEMBER TRIP

Louisville Kentucky

Two very interesting tours and lunch at an **Irish Pub** are on the agenda for this outing on **Wednesday, November 20th**. First stop will be **The American Printing House For The Blind**; "the oldest organization of its kind in the United States". They print large type and Braille for the sight impaired. There will be a tour and time in a museum with interactive exhibits. Lunch will be "dutch treat" at The Irish Rover a restaurant in a 150 year old building that began as a saloon.

It has a menu that includes crab cakes, smoked salmon, lamb burgers and of course good old American food. The last stop will be a tour of the **Louisville Slugger Museum/Factory**. After this tour you will know how the perfect bat is made. The tour begins with a movie and ends with time to look through the museum and gift shop. Everyone receives a free miniature bat. Cost of this trip is **\$38.00** for transportation and admissions. **Sign-up begins by phone at 7:30 a.m. Tuesday, October 22nd. Money is due by 3 p.m. Friday, November 1st. The bus will leave the Jasper Armory at 8 a.m. the day of the trip.**

**Prescription Drug Take Back Day
Saturday, October 26th 2013**

10:00 a.m. - 12:00 p.m.

**Ferdinand & Huntingburg
Fire Stations**

10:00 a.m. - 2:00 p.m.

Jasper State Police Post

Dispose of your expired, unused and unwanted drugs **FREE OF CHARGE!** There are reasons why there are expiration dates stamped on medication containers. Chemical compositions and potency can change and become altered with age. Chances of deadly drug interactions and over-medicating are lessened when you clean the old medications out of your home.



- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

- **MILL VOLUNTEERS NEEDED:** The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

HAPPY BIRTHDAY

OCTOBER

1st	Dorothy Seitz
2nd	John Freyberger
4th	JoAnn Lechner
6th	Georgina Blessinger
7th	Beverly Castelli
7th	Edith Johnson
8th	Verena Schroeder
14th	Charlie Seger
15th	Norma Hasenour
20th	Phil Freeman
21st	Kathy Haas



Anniversaries

OCTOBER

11th	Janis & Robert Nordhoff
15th	Geraldine & Charlie Seger
19th	Jean & John Freyberger
23rd	Lelani & Harland Wittwer



Recipe Exchange

Chocolate Éclair Dessert



Ingredients:

2 individual packages graham crackers
2 (3 ounce) boxes of vanilla instant pudding
3 cups milk
1 (8 ounce) container cool whip
1 (16 ounce) chocolate frosting

Directions:

Line the bottom of a 9" x 13" pan with graham crackers.
In a large bowl, combine pudding mix and milk; stir well. Mix whipped topping into pudding mixture. Spread half of mixture over graham cracker layer. Top with another layer of graham crackers and the remaining pudding.
Top all with final layer of graham crackers and frost with chocolate frosting
Refrigerate at least two hours before serving to allow the graham crackers to soften.

Submitted by: Carie Dick
Have a good recipe to share? Get it to one of the staff and we would be happy to publish it.